

Sunshine Coast Skating Club Master Ice Schedule

Sept. 25th, 2017 – Mar. 11th, 2018

GIBSONS ARENA

Monday	Tuesday	Wednesday	Thursday	Friday
	6:15-7:00am CanPower Intermediate*			6:00-6:45am Group STAR
	7:00-7:45am CanPower Novice*			6:45-7:15am Open STAR
				7:15-8:00am Open STAR
3:45-4:45pm Jr. Academy	3:30-3:45 CanSkate Off Ice Warm-up		3:45-4:45pm Jr. Academy	
4:45-5:00 Ice Clean	3:45-4:30pm CanSkate		4:45-5:00pm Ice Clean	
5:00-5:30pm Group STAR	4:30-4:45pm Ice Clean		4:45-5:00pm CanSkate Off Ice Warm-up	
5:30-6:00pm Group Skills STAR	4:45-5:15pm Group STAR		5:00-5:45pm CanSkate	
6:00-6:30pm Group Dance STAR	5:15-6:15pm* Freeskate STAR		5:45-6:00pm Ice Clean	
6:30-7:00pm Group STAR	6:30-7:30pm Dryland Jump, Skills & Performance Development Jr/STAR Combined, rm. 219C		6:00-6:30pm Group STAR	
7:00-7:30pm Freeskate STAR			6:30-7:15pm Freeskate STAR	

Legend:	CanSkate	Jr. Academy	STAR
Ice Clean	CanPower	Jr. Academy/STAR (Combined sessions)	Dryland/Off ice training Jump Skills & Performance Development

**Those wishing to skate on STAR ice will need to book private lessons (this can be semi private, mini group or private).
Please contact the Director of Skating, Lesleigh Farr, to book.**

Sunshine Coast Skating Club Master Ice Schedule

Sept. 25th, 2017 – Mar. 11th, 2018

SUNSHINE COAST (SECHELT) ARENA

Monday	Tuesday	Wednesday	Thursday	Friday
		3:45-4:00pm CanSkate Off-ice Warm-up		
		4:00-4:45pm CanSkate		
3:30—4:15 pm Junior CanPower*		4:45-5:00pm Ice Clean		
4:15-5:00pm Novice CanPower*		5:00-5:30pm Group Dance/Skills Jr. Academy/STAR Combined		
5:00-5:15pm Ice Clean		5:30-6:00pm Group Skills/Dance Jr. Academy/STAR Combined		
5:15-6:00pm Intermediate CanPower*		6:00-6:30pm Group Jr. Academy/STAR Combined		
		6:30-7:15pm Freeskate Jr. Academy/STAR Combined		

*Based on skill levels

Legend:	CanSkate	Jr. Academy	STAR
Ice Clean	CanPower	Jr. Academy/STAR (Combined sessions)	Dryland/Off ice training Jump Skills & Performance Development

Those wishing to skate on STAR ice will need to book private lessons (this can be semi private, mini group or private).
Please contact the Director of Skating, Lesleigh Farr, to book.

IMPORTANT Schedule Changes:

- Friday, Sept 29th (Pro-D) – modified schedule TBC
- Monday, Oct. 9th (Thanksgiving) – no skating (CanPowerSkate make-up date/time TBA)
- Friday, Oct. 20st (Pro-D) - modified schedule TBC
- Monday, Nov. 13th (Remembrance Day) - no skating
- Monday, Nov. 27th (Pro-D) - modified schedule TBC
- Monday, Dec 25th - Jan 5st – Winter Vacation – no skating
- Friday, Feb 9th (Pro-D) - modified schedule TBC
- Monday, Feb 12th (Family Day) – no skating (CanPowerSkate make-up date/time TBA)
- Monday March 19th-29th-Spring Break Vacation-modified schedule TBC
- Friday, March 30th – Good Friday-no skating
- Monday, Mar. 12th – 30th – all programs/sessions move to Sechelt Arena TBC

Please check the Club Calendar of Events (www.sunshinecoastskatingclub.ca) and arena noticeboards for Try-it-Free's, Bring-a-Friend, Family Fun Skates, and Fundraiser dates.